

## TAKE IT TO THE LIMIT

Choreographers: Ken & Sue Davis, 11345 E. Monte Ave, Mesa, AZ 85209

Phone: 480-699-4713 email: [davisfam2@cox.net](mailto:davisfam2@cox.net)

Website: [www.davisfam.info/~dance/](http://www.davisfam.info/~dance/) Release Date: August, 2008

Rhythm: Waltz Phase: 6

Footwork: Opposite except where W's noted by ( ); Timing 123 except as noted

Music: "Take It To the Limit" Artist: The Eagles (from Album "One of These Nights")

(music available online at AmazonMP3, iTunes Music Store, Walmart Music, etc.)

(music cut at 3:20, begin fade-out at 3:17 - times noted are before slowing;

contact choreographers for music questions)

Sequence: A-B-Amod-B-END

Speed: 43 rpm (28 mpn)

### A (INTRO)

#### 1-8 (CP RLOD) -, HI LINE; BK WALTZ; BK & SLOW SPIRAL TO SHADOW (W IN 2); SHADOW R TRN; BK CANTER; SHADOW R TRN; FWD WALTZ (W TRANSITION TO CP); SD, DRAW, CLOSE;

- 1-2- 1 *{hi line}* hold, sd L to SCP strong L sd stretch, hold;  
2 *{bk waltz}* bk R toward LINE, bk & slightly sd L, cl R;  
1--(1-3) 3 *{bk & slow spiral to shadow (W in 2)}* trn LF sd & fwd L toward DLW leading W to spiral, draw R to L, tch R to L join L hnds (sd & fwd R, spiral 7/8 undr jnd ld hnds, sm fwd L toward DLW) to SHADOW POS DLW;  
4 *{shadow R trn}* fwd R comm RF trn, sd L cont trn to fc RLOD, bk R (W same footwork) end SHADOW RLOD;  
1-3 5 *{bk canter}* bk L, draw R foot to L foot, cl R (W same footwork) end SHADOW RLOD;  
6 *{shadow R trn}* bk L comm RF trn, sd & fwd R toward DLC, fwd L (W same footwork) end SHADOW DLC;  
123(12)-7 *{fwd waltz (W trans to CP)}* fwd R, fwd L leading W to trn LF releasing shadow, cl R (fwd R, fwd L trn LF to fc ptr, tch R to L) end CP DLC;  
1-3 8 *{sd, draw, cl}* sd L, draw R to L, cl R to CP DLC;

### PART B

#### 1-38 (CP DLC) DBL REV; OP REV; TRNG LK; CURVED FTHR CK; OUTSD SPIN & TWST TO SCP;; WEAVE TO SCP;; RUNNING OP NAT; RISING LK; HVR TO SCP; SLOW SD LK; VIENNESE TRNS 3 MEAS;;; BOX FIN; WSK; MANUVR 1, PVT 2; RUMBA CROSS; HVR TELEMAR; MANUVR; SPIN TRN OVRTRND; R TRNG LK; SLOW SD LK; VIENNESE TRNS 3 MEAS;;; TOPSPIN; OK LK, SLOW LK; R TRNG LK; THRU HVR TO BJO; BK WSK; WEAVE TO SCP;; OP NAT; OUTSD CHG TO BJO; CK NAT & SLIP; CK REV & SLIP;

- 12- 1 *{dbl rev}* fwd L trn LF, fwd & sd R trn LF, spin LF on R to DLC tch L to R (bk R, trn LF on R heel xfer weight to L/fwd & sd R trn LF, trn LF XLIF);  
(12&3) 2 *{op rev}* fwd L trn LF, sd & bk R to BJO, bk L in BJO backing DLC;  
1&23 3 *{trng lk}* bk R twd DLC w/ R sd ld/XLIF of R (XRIB of L), bk & sd R trng LF, sd & fwd L to end BJO DLW;  
4 *{curved fthr ck}* fwd R comm RF trn, sd & fwd L cont RF trn, strong body trn RF small step fwd R ckng outsd ptr (bk L, sd & bk R trn RF, strng body trn RF small step bk L) BJO DRW;  
5 *{outsd spin}* using strong RF rotation small bk L toe turned in, fwd R around W heel lead rising to toe cont RF trn, cont slight RF trn bk & slightly sd L (fwd R around M, cl L to R for toe spin, fwd R between M's feet) to CP DRW;  
1-3 6 *{& twst to SCP}* XRIB of L comm RF trn on ball of R & heel of L, complete RF trn fcng DLC w/ wt on R, (1&23) rising on R step sd & fwd L to SCP DLC (fwd CW around M L/R, L w/ L sd ld, rising on L step sd & fwd R to SCP DLC);  
7-8*{weave to SCP}* thru R, fwd L trn LF, bk R to BJO backing LOD; bk L in BJO, bk R to CP trn LF, sd & fwd L to SCP DLW;  
123& 9 *{running op nat}* thru R comm RF trn, sd & bk L, bk R w/ R sd ld/bk L in CBMP (thru L trng to fc ptr staying well into M's R arm, fwd R, fwd L w/ L sd lead/fwd R outsd ptr in CBMP);

TAKE IT TO THE LIMIT – Ken & Sue Davis

- 10 *{rising lk}* bk R comm LF trn, sm bk & sd L cont trn, cont LF trn lk RIB of L (lk LIF of R) to CP/DLW;  
11 *{hvr to SCP}* fwd L, fwd & sd R with rise, rec L to SCP DLC;  
12 *{slow sd lk}* thru R, sd & fwd L to CP, XRIB of L trng slight LF (thru L trng LF across M to CP, sd & bk R, cont slight LF trn XLIF of R) to CP DLC;  
13-15 *{Viennese trns 3 meas}* fwd L comm LF trn, cont trn fwd & sd R, XLIF of R (cl R to L) to CP RLOD; bk R comm LF trn, cont trn bk & sd L, cl R to L (XLIF of R) to CP LOD; fwd L comm LF trn, cont trn fwd & sd R, XLIF of R (cl R to L) to CP RLOD;  
16 *{box fin}* bk R, trng LF sd L, cl R to CP DLW;  
17 *{wsk}* fwd L, fwd & sd R comm rise, cont rise XLIB of R (fwd R, bk & sd L, XRIB of L) to SCP DLW;  
18 *{manuvr 1, pvt 2}* fwd R across ptr comm RF trn (fwd L), bk L comm RF pvt, fwd R cont pvt to CP LOD;  
1&23 19 *{rumba cross}* strong step fwd L comm RF trn/XRIB of L cont RF trn to fc WALL, cont RF trn sd & slightly bk L pvt 1/2 RF, fwd R LOD between W's feet in CP;  
20 *{hvr telemark}* fwd L, fwd and slight sd R between W's feet rising & trng RF, cont RF trn sd & fwd L to SCP DLW;  
21 *{manuvr}* fwd R across ptr comm RF trn (fwd L), cont RF trn sd L to fc ptr RLOD, cl R;  
22 *{spin trn ovtrnd}* bk L pvt RF, fwd R pvt RF, bk L toward LOD in CP;  
1&23 23 *{R trng lk}* trn RF bk R to BJO/XLIF of R (XRIB), sd & fwd R toe pointed DLC cont RF trn, cont RF trn sd & fwd L in SCP DLC;  
24 *{slow sd lk}* thru R, sd & fwd L to CP, XRIB of L trng slight LF (thru L trng LF across M to CP, sd & bk R, cont slight LF trn XLIF of R) to CP DLC;  
25-27 *{Viennese trns 3 meas}* fwd L comm LF trn, cont trn fwd & sd R, XLIF of R (cl R to L) to CP RLOD; bk R comm LF trn, cont trn bk & sd L, cl R to L (XLIF of R) to CP LOD; fwd L comm LF trn, cont trn fwd & sd R, XLIF of R (cl R to L) to CP RLOD;  
1&23 28 *{topspin}* bk R comm LF trn/sd & bk L toe pointing twd LOD cont LF trn, fwd R LOD outsd ptr comm 3/8 LF spin keeping knees tog & L foot bk, bk L DLW to complete spin (fwd L comm LF trn/sd & fwd R, bk L LOD comm LF spin keeping R foot fwd, fwd R DLW to complete spin) to end BJO DRC;  
1&23 29 *{qk lk, slow lk}* bk R in BJO/lk LIF of R, bk R, lk LIF of R backing DLW;  
1&23 30 *{R trng lk}* bk R in BJO/lk LIF of R (lk LIB), sd & fwd R toe pointed DLC comm RF trn, cont RF trn sd & fwd L in SCP DLC;  
31 *{thru hvr to BJO}* fwd R, fwd L rising to ball of foot & ckg, rec R (fwd L, fwd R rising to ball of foot & cking trning LF to BJO, rec fwd L) to BJO DLC;  
32 *{bk wsk}* bk L, bk & sd R comm rise, cont rise XLIB of R (fwd R, fwd & sd L, XRIB of L) to SCP DLC;  
33-34 *{weave to SCP}* thru R, fwd L trn LF, bk R to BJO backing LOD; bk L in BJO, bk R to CP trn LF, sd & fwd L to SCP DLW;  
35 *{op nat}* thru R in SCP, trn RF sd L, trn RF bk R in BJO;  
36 *{outsd chg to BJO}* bk L in BJO, bk R to CP trn LF, sd & fwd L outsd ptr to BJO DLW;  
37 *{ck nat & slip}* fwd R DLW, sd & fwd L trng RF cking RF trn, bk R trng LF to CP DLC (bk L, cl R rise to toes trng RF cking bk motion, trng LF slip fwd L to CP);  
38 *{ck rev & slip}* fwd L DLC, sd & fwd R trng LF cking LF trn shaping R w/ head R, bk L trng RF to CP DLW (bk R, cl L rise to toes trng LF cking bk motion, trng RF slip fwd R to CP);

Amod

**1-8 (CP DLW) MANUVR 1, HI LINE; BK WALTZ; BK & SLOW SPIRAL TO SHADOW (W IN 2); SHADOW R TRN; BK CANTER; SHADOW R TRN; FWD WALTZ (W TRANSITION TO CP); SD, DRAW, CLOSE;**

- 12- 1 *{manuvr 1, hi line}* fwd R across ptr comm RF trn (fwd L), cont RF trn sd L to SCP strong L sd stretch, hold;  
2-8 *{bk waltz}{bk & slow spiral to shadow (W in 2)}{shadow R trn}{bk canter}{shadow R trn}{fwd waltz (W trans to CP)}{sd, draw, close}* repeat meas 2-8 of Part A;;;;;;

**REPEAT PART B**

**1-38 (CP DLC) DBL REV; OP REV; TRNG LK; CURVED FTHR CK; OUTSD SPIN & TWST TO SCP;; WEAVE TO SCP;; RUNNING OP NAT; RISING LK; HVR TO SCP; SLOW SD LK; VIENNESE TRNS 3 MEAS;;; BOX FIN; WSK; MANUVR 1, PVT 2; RUMBA CROSS; HVR TELEMAR; MANUVR; SPIN TRN OVRTRND; R TRNG LK; SLOW SD LK; VIENNESE TRNS 3 MEAS;;; TOPSPIN; QK LK, SLOW LK; R TRNG LK; THRU HVR TO BJO; BK WSK; WEAVE TO SCP;; OP NAT; OUTSD CHG TO BJO; CK NAT & SLIP; CK REV & SLIP;**

**END**

**1-10 (CP DLW) MANUVR; PVT 3; RUDOLPH RONDE & SLIP; MINI TELESPIN;; CONTRA CK & SWITCH; CK NAT & SLIP; CK REV & SLIP; R LUNGE, REC TO THROWAWAY OVERSWAY; & EXTEND;**

- 1 *{manuvr}* fwd R across ptr comm RF trn (fwd L), cont RF trn sd L to fc ptr RLOD, cl R;
- 2 *{pvt 3}* bk L RF trn 1/2, fwd R between W's feet RF trn 1/2, bk L RF trn 1/2;
- 3 *{Rudolph ronde & slip}* fwd R between W's feet comm RF trn but stop action by flexing R knee while keeping L foot bk cont body trn allowing L sd to remain toward W (bk L trng RF to SCP allowing R leg to ronde CW keeping R sd toward M w/ R leg crossing behind L leg at end of ronde action), bk L (bk R comm pvt LF on ball of R thighs locked & L leg extended), rise & slip bk R trng LF to DLC;
- 12-;12- 4-5 *{mini telespin}* fwd L DLC trng LF, sd R cont LF trn, sd & bk pt L LOD in momentary SCAR;
- (123&;12-) comm LF spin on L, sd R DLC to CP DRC, tch L to R (bk R DLC trng LF, cl L to R heel trn, sd & fwd R LOD in momentary SCAR/fwd L LOD trng LF; fwd & sd R DLC, trng LF small sd L to CP, tch R to L);
- 6 *{contra ck & switch}* comm upper body LF trn w/ R shldr lead ck fwd L in CBMP, rec R comm strong RF trn leaving L foot almost in place, strong RF trn rec L to CP DLW;
- 7 *{ck nat & slip}* fwd R DLW, sd & fwd L trng RF cking RF trn, bk R trng LF to CP DLC (bk L, cl R rise to toes trng RF cking bk motion, trng LF slip fwd L to CP);
- 8 *{ck rev & slip}* fwd L DLC, sd & fwd R trng LF cking LF trn shaping R w/ head R, bk L trng RF to CP DLW (bk R, cl L rise to toes trng LF cking bk motion, trng RF slip fwd R to CP);
- 12- 9 *{R lunge, rec to throwaway oversway}* w/ R sd stretch lunge sd & slightly fwd R, rec bk L trng LF (rec fwd R trng RF brushing L foot next to R), cont LF trn to CP DRC;
- 10 *{extend}* extend line by bringing R sd thru to W leaving R foot bk to DLW (extend L foot bk to DRC);